

# HITRUST® Consulting References

The  ecfirst HITRUST Ecosystem



Guided us  
every step of the way

Always delivered without delays

*HITRUST experience was invaluable*

Appropriate SMEs answered all questions

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## **References**

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Instrumental in our maturity on security and compliance

*Always has a ear to lend to listen and guide*

## **Tremendous Support**

Valued partner in our HITRUST journey

*They are an extremely  
devoted SME team*



## GALEN DATA

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Thanks again for your hard work, advice and support throughout this process. I want to reiterate that I truly appreciate the level of service the ecfirst Team provides. *I would not want to go through HITRUST with anyone else.*

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## IRON medical systems™

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Iron Medical Systems (IMS), as the largest provider of IaaS to the radiation oncology sector of the medical community, has always strived to provide the best service, privacy and protection in private medical cloud infrastructures. When we first became HITRUST certified in 2015, the company that worked with us was decent, but, as it turned out, hid from us many important details of the process - leaving us considerably less prepared than we thought we were.”

ecfirst completely changed that. Their *transparency, advocacy and assistance continue to be invaluable* as we navigate the changing landscape of HITRUST certification. They quickly understood, and were sensitive to, our somewhat unique needs and ecosystem, aligning us with the latest requirements. Everyone we've worked with has been prompt and insightful. Their *collaboration with our security and privacy team* resulted, not just in a successful renewal of our HITRUST certification, but in fact helped us to be a better company by clarifying the processes of which we must excel. Although learning all of the things that our previous vendor had hid from us was uncomfortable, ecfirst quickly helped us over those speed bumps with honesty and candor. We are now working on our HITRUST interim assessment as well as planning our recertification and looking forward to working with ecfirst for the second round.

IMS looks forward to a long and mutually beneficial relationship with ecfirst as they help us continue to leverage HITRUST as a foundation for a world class risk-management framework for our private medical cloud.

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Beacon Health Options has always strived for success in embracing and adopting cybersecurity frameworks to provide the maximum assurance for our customers. Beacon partnered with ecfirst to deliver on our commitment to achieve HITRUST CSF Certification.

I can truly state that the expertise provided by ecfirst really assisted Beacon in achieving its HITRUST CSF Certification. ecfirst provided the HITRUST Workshop training and *expert guidance throughout our HITRUST journey*. It has been a pleasure working with ecfirst!

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ecfirst is a great partner for P3 Health Partners as we work towards HITRUST CSF Certification. We started with an extremely tight time frame which required all involved to be focused and dedicated to our objective. ecfirst has been *a dedicated partner* and provided whatever resources were needed for us to accomplish our goals. Everyone from ecfirst has been *professional, focused, and knowledgeable*. ecfirst have continuously gone above and beyond expectations and shown *genuine care for their HITRUST clients*. I look forward to our continued partnership because I know they have our best interest in mind.

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As an organization in the healthcare industry, getting HITRUST CSF Certification was one of the primary goals of Trionfo Solutions. With such a big task ahead of us, we knew we needed help and partnered with ecfirst for our HITRUST journey.

From the very beginning, *ecfirst provided all the essential information to understand the HITRUST process from start to finish*. As we worked through all our efforts from scoping, policy, procedures and implementation, the ecfirst team went above and beyond spending countless hours in providing key information, resources, and walked us through every step of the way in achieving our goal. After months and months of effort, we are so happy to recently receive our first round of HITRUST CSF Certification. This was an enormous effort for us and having partnered with ecfirst gave us the guidance and expertise needed in getting our HITRUST CSF Certification.

We are now working on our HITRUST interim assessment as well as planning our recertification and looking forward to working with ecfirst for the second round

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I just wanted to take a moment and say thank you. Thank you and the excellent team at ecfirst for hard work, late hours and diligence during the first round of our HITRUST CSF Certification, and now working on our annual risk management and HIPAA compliance assessment.

We at BRG are always looking to improve and enhance our compliance and cybersecurity posture. This is an area of executive and strategic priority for our organization to secure confidential client information. From HIPAA compliance, cybersecurity pen tests, to the HITRUST CSF Certification engagement, *we have found ecfirst to be an exceptional partner that labored incredibly hard for us*, with us. The ecfirst insight and diligence to ensuring HITRUST CSF Certification mandates are met led to us completing our engagement on budget and time. We look forward to deeper collaboration with ecfirst in the cybersecurity space in the future. I know they are personally committed and engaged to ensure BRG success with each engagement. I continue to recommend ecfirst highly and often!

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Mom's Meals, as a food manufacturer in the healthcare industry, viewed pursuing a HITRUST CSF Certification as a way to demonstrate that it takes security to heart. Since we did not have internal subject experts, Mom's Meals realized that *a partnership with ecfirst was paramount to a successful journey to achieve HITRUST CSF certification.*

From the start of our project, ecfirst provided guidance and insight on the HITRUST CSF certification process. Mom's Meals had a very aggressive project timeframe and ecfirst worked with us to complete the project within that timeframe. With the help of ecfirst, their very competent Assessor and with their Team, we successfully received our first round of HITRUST CSF Certification.

Mom's Meals is preparing to work on our HITRUST Interim Assessment and looks forward to working with ecfirst to complete that in a timely manner.

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episource, with a global workforce, is a leading provider of risk adjustment, clinical, and analytics solutions for Healthcare Payer organizations. The privacy and security of sensitive member data is an executive priority. For the past decade, *episource has engaged ecfirst to address HIPAA compliance mandates*, and has successfully achieved HITRUST CSF Certification for its core business applications and systems. A relationship of trust and value has been firmly established. We look forward to the next decade of deeper collaboration with ecfirst to address cyber challenges and rising compliance requirements.

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Provant Health partnered with *ecfirst to build a plan and assist in executing it with the goal of achieving HITRUST CSF Certification*. Ali Pabrai and his team were flexible, collaborative and, most importantly, patient as we worked to educate our management team and key employees on the meaning and value of HITRUST. Due to many internal corporate changes, the first phase of the project took much longer than planned but ecfirst stayed with us the whole way. They pushed our team when needed but also stepped back and gave us room at times.

I'd recommend ecfirst to any company who wants to understand HITRUST or work on assessing and remediating their processes and systems in preparation for certification.

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BrightOutcome is focused in improving patient health outcomes across the continuum of care. BrightOutcome is deeply committed to securing patient information across our systems and Web-based applications. We have been working with Ali Pabrai and his wonderful team at ecfirst since 2012.

*The ecfirst team literally helped us build our HIPAA practices from the ground up*, allowing us to offer secure HIPAA-compliant eHealth and health IT solutions to our customers across the U.S. We are actively taking the logical next step in working with ecfirst to pursue the HITRUST CSF Certification in order to further expand our market. We see the partnership with ecfirst as an integral part of our business strategy and have been extremely satisfied with the quality and value of the services that ecfirst has rendered.

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## HITRUST Assessment

- ✦ HITRUST policies and procedures guidance.
- ✦ HITRUST Readiness Assessment.
- ✦ Guidance on artifacts and implementation evidence.
- ✦ HITRUST Validated Assessment.
- ✦ HITRUST Interim Assessment



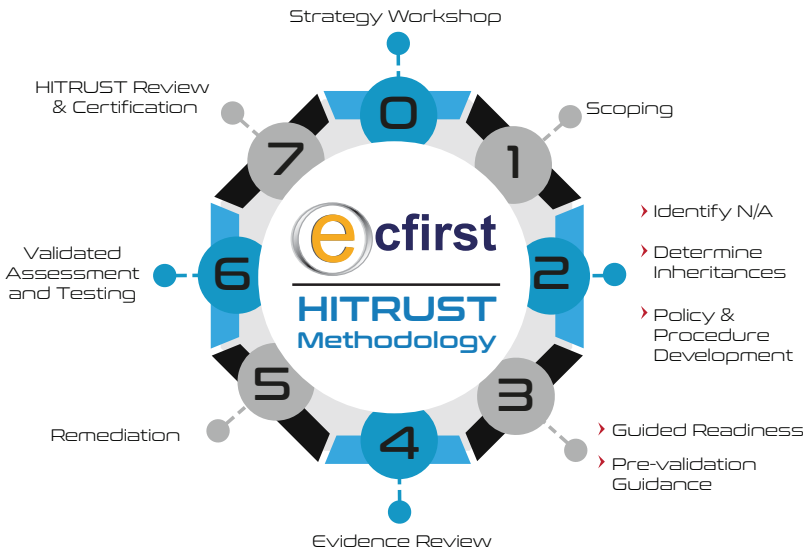
**ecfirst**  
**Successfully**  
Achieves  
HITRUST r2 Certification

**Client Reference**

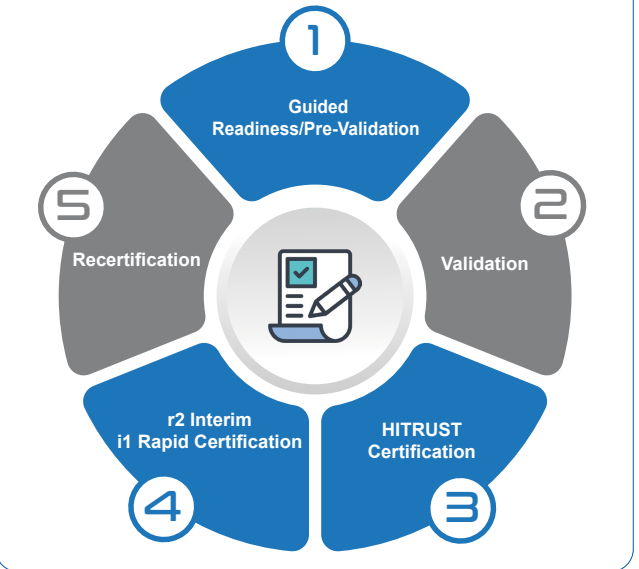
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ecfirst walked us through every step of the way in achieving our organization's HITRUST goal  
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**HITRUST Client**

## HITRUST Signature Methodology



## Journey to Certification



## Certification Options and Opportunities

**e1**  
**HITRUST CERTIFIED**

- ✦ Foundational Cybersecurity
- ✦ 44 controls
- ✦ Entry-level Assurance

**i1**  
**HITRUST CERTIFIED**

- ✦ Leading Practices
- ✦ 182 controls
- ✦ Moderate Assurance

**r2**  
**HITRUST CERTIFIED**

- ✦ Expanded Practices
- ✦ Based on unique aspects of the organization (typically between 200 and 500)
- ✦ Highest level of Assurance

**Thought Leadership**

HITRUST Certification Readiness

“ HITRUST is a dynamic framework. It's a living, breathing organism, and evidence of that is in the dozens of authoritative sources utilized throughout updates to the CRF demonstration that the HITRUST thought leadership is not just industry-centric, but industry-neutral. It's not just American-centric, but global. With the e1, i1, and traditional r2 HITRUST certification options, organizations now have a credible, evidence-rich framework to align their cyber and compliance strategy with their business drivers. ”

Lukey Ali Prabhu  
CEO, HITRUST

## Consulting Practice



## Certification Training

